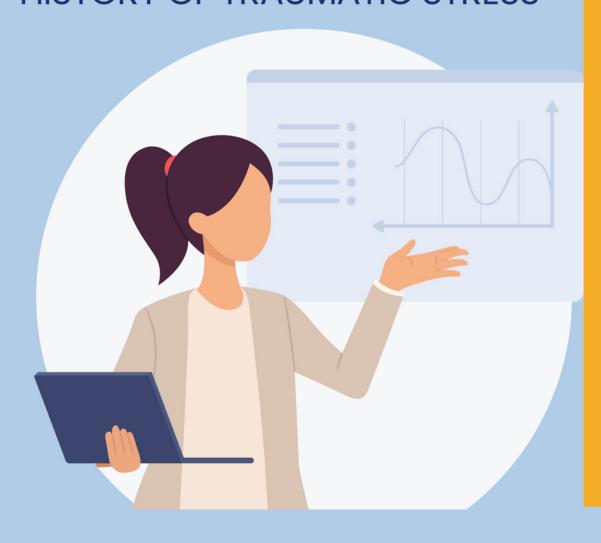
# GRAND ROUNDS



NEUROSCIENCE-INFORMED
INTERVENTIONS FOR YOUTH WITH
HISTORY OF TRAUMATIC STRESS



### Victor G. Carrión, MD, DFAACAP, FAPA, FACP

Professor and Vice-Chair, Department of Psychiatry and Behavioral Sciences Director, Early Life Stress and Resilience Program Stanford University

#### **YOU WILL LEARN:**

A NEW TREATMENT INTERVENTION TO AMELIORATE PTSD SYMPTOMS IN YOUTH

THE NEUROSCIENCE OF PEDIATRIC PTSD

THE EPIGENETICS OF RESILIENCE

# OCTOBER 30 2025

Dr. Carrión will explore how neuroscience guides effective interventions for youth with traumatic stress, highlighting biological markers, resilience-building approaches like CCT and mindfulness, and the role of school-based programs in fostering healing and emotional regulation.

## 12-1:30PM (DOORS OPEN AT 11:30AM)

Douglas Hall - Douglas Mental Health University Institute, 6875 Blvd. La Salle, Verdun, QB, H4H 1R3

REGISTER ONLINE: DUE OCT 23RD







