



Transforming youth mental health services

75% of mental health problems arise before the age of 24

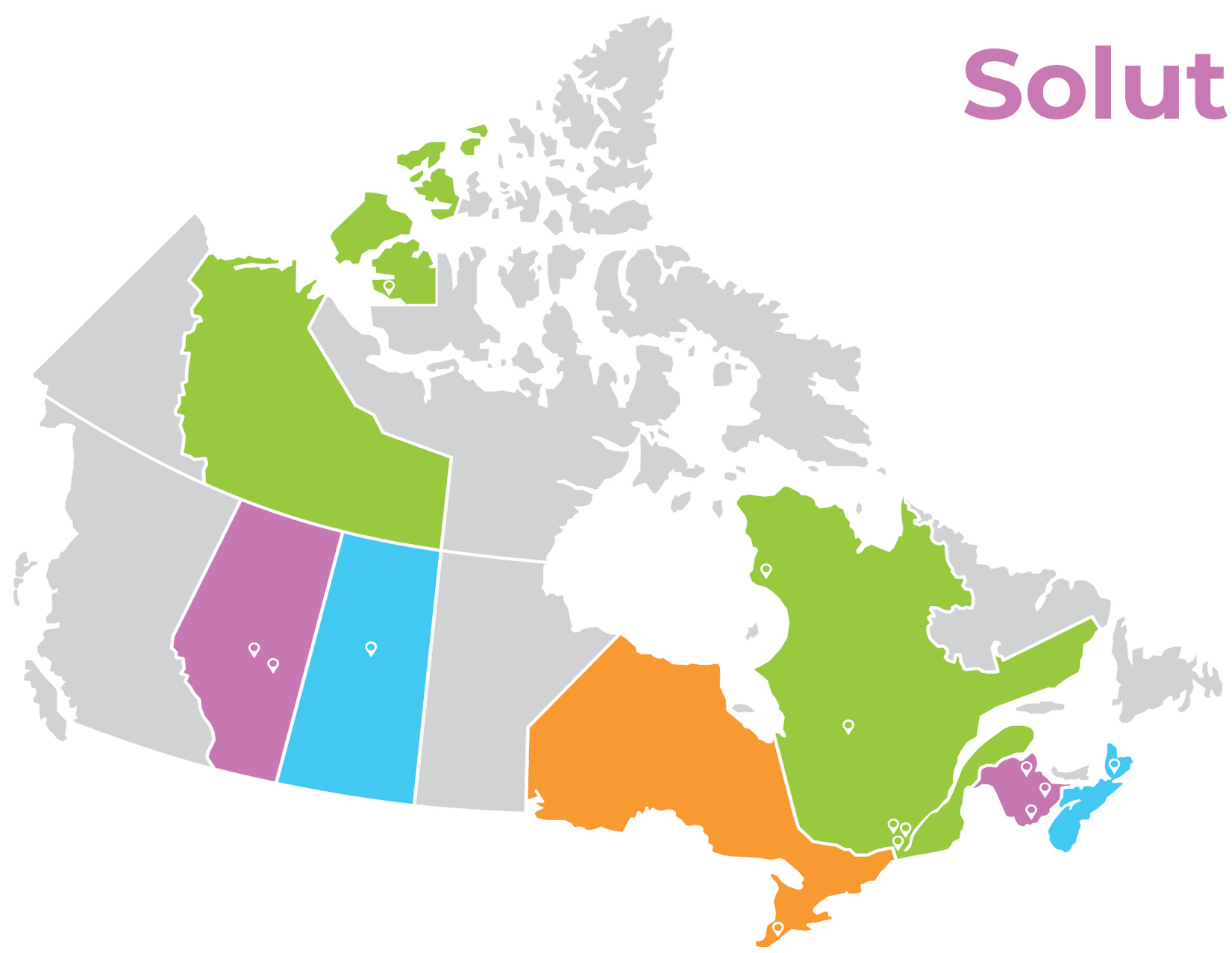
But only **1/5** youth who need mental health help actually get it



And delays for receiving treatment are long: we're talking **several months to several years!**

! Their is an urgent need to improve youth mental health services !

Solution: ACCESS Open Minds



What? A pan-Canadian youth mental health research project taking place in 14 sites spanning across 6 provinces and 1 territory

What? Transforming and evaluating youth mental health services across Canada

How? By providing quick access to high quality mental health services to more youth in need, and using innovative research to create a a first of its kind snapshot of youth mental health care across the country, generating new knowledge that truly reflects the diversity of Canada.

New Publication Alert!

ACCESS Open Minds have published their first paper: "**Canadian response to need for transformation of youth mental health services: ACCESS Open Minds (Esprits ouverts)**" which gives an intimate view of what this innovative pan-Canadian transformation looks like!

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WILEY

EARLY INTERVENTION IN THE REAL WORLD

Canadian response to need for transformation of youth mental health services: ACCESS Open Minds (Esprits ouverts)

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Check it out here!

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